



MONTHLY SELF-STUDY SERIES

Please read the following article and complete the self-assessment questions. Participants in the HKMA CME Programme will be awarded 1 credit point under the Programme for returning completed answer sheet on p.11 via fax (2865 0943) or by mail to the HKMA Secretariat on or before **16 October 2004**. Answers to questions will be provided in the next issue of the HKMA CME Bulletin.

每月自修資料

請細閱以下文章，並利用第十一頁之答題紙完成自我評估測驗。香港醫學會持續醫學進修計劃參加者如於**二零零四年十月十六日前**，將已填妥之答題紙傳真或寄回本會秘書處，將可獲持續醫學進修一個積分點；至於是期自我評估測驗之答案，將刊於下一期《持續醫學進修專訊》之中。(本會秘書處傳真號碼：2865 0943)

Thyroid Disease and Pregnancy

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Introduction

During pregnancy, there are complex hormonal and metabolic changes in the physiology of maternal-fetal system. Because autoimmune thyroid disease is common in women during the childbearing period, it is important to understand both the expected changes in thyroid function in normal pregnancy and how pregnancy may affect pre-existing Graves' disease, hypothyroidism and thyroiditis. The interpretation of thyroid test and the diagnosis of thyroid pathology may be a challenge for the physician caring for pregnant women. This review will discuss the effect of pregnancy on maternal and fetal thyroid function in addition to indicating the management of thyroid disease during pregnancy and in the postpartum period.

Effect of Pregnancy on Thyroid Function

Maternal Thyroid Function

The major changes in thyroid function during pregnancy are an increase in serum thyroxine binding globulin (TBG) concentrations and stimulation of the thyrotropin (TSH) receptor by human chorionic gonadotropin (hCG). Serum TBG concentrations are doubled by 16 to 20 weeks' gestation as estrogen increases TBG production and TBG sialylation, which results in decreased clearance of TBG.¹ As a result, serum total thyroxine (T4) and triiodothyronine (T3) concentrations increase, but not serum free T4 and T3 concentrations. hCG has weak thyroid-stimulating activity. Serum hCG concentrations increase soon after fertilization and peak at 10 to 20 weeks. During this period, serum free T4 and T3 concentrations increase slightly, usually

within the normal range, and serum TSH concentrations are appropriately reduced.²

Fetal Thyroid Function

During the 10th to 12th week of gestation, fetal TSH appears and the fetal thyroid is capable of concentrating iodine and synthesizing iodothyronines. However, little hormone synthesis occurs until the 18th to 20th week. Thereafter, fetal thyroid secretion increases gradually.³ The lack of correlation between free T4 and TSH suggests an incomplete responsiveness of the fetal thyroid to TSH in addition to the fact that the pituitary-thyroid axis may be operating at a different set point from that in postnatal life. Soon after birth, serum TSH concentrations rapidly increase to 50 to 80 mU/L and then fall to 10 to 15 mU/L within 48 hours. Serum T3 and T4 concentrations rapidly increase to values slightly higher than those in normal adults. The extent to which maternal thyroid hormones cross the placenta is controversial. Recent evidence suggests that at least some degree of placental transfer of T4 and T3 occurs and that maternal thyroid hormones play a role in fetal development. It should be noted that transplacental passage of thionamide drugs, iodide, TSH-receptor antibodies and TRH readily occurs whereas little TSH crosses the placenta.⁴ The passage of maternal TSH-receptor antibodies can cause either fetal hyperthyroidism or hypothyroidism.

Hyperthyroidism in Pregnancy

Pregnancy complicated by hyperthyroidism is associated with an increased rate of spontaneous abortion, premature labour, low birth weight, stillbirth, pre-eclampsia or heart failure.⁵ The major cause of hyperthyroidism in pregnancy is Graves' disease, occurring in 0.2% of pregnancy.⁶ This condition may spontaneously remit or becomes less severe during pregnancy, perhaps mediated by a change in the activity of TSH receptor antibodies from stimulatory to

The Hong Kong Medical Association is dedicated to providing a coordinated CME programme for all members of the medical profession. Under the HKMA CME Programme, a CME register is installed to document the CME efforts of doctors and special CME avenues are provided. The Association strives to foster a vibrant environment of CME throughout the medical profession. Both members as well as non-members of the Association are welcome to join us. You may contact the HKMA Secretariat for details of the programme. 香港醫學會致力推動持續醫學進修，醫學會體察到業界有必要設立完善的持續進修計劃，為同僚建立有系統的進修記錄機制，以及為全科醫生提供適切的進修課程。藉著這個計劃，我們期望將優良的進修傳統推展至醫學界中每一角落，同時為業界締造一個充滿活力的進修文化。我們誠意邀請你參與醫學會持續進修計劃，不論你是否醫學會的會員，均歡迎你同來與我們一同學習，以及享用醫學會為所有醫生設立的進修記錄機制。如欲了解香港醫學會持續醫學進修計劃的詳情，請聯絡本會秘書處查詢。

blocking.⁷ Other causes of hyperthyroidism include toxic multinodular goitre, toxic uninodular goitre and trophoblastic tumour. Hyperemesis gravidarum, which is characterized by severe vomiting occurring in the first trimester, is also associated with modestly raised thyroid hormone value, due to hCG effect. This condition, although potentially serious due to persistent vomiting, is transient and likely to resolve by the second trimester.⁸ 60 percent of these women have either subclinical or mild overt hyperthyroidism, which resolves with the hyperemesis and rarely requires antithyroid drug (ATD) treatment.⁹ There are several important issues that must be considered when hyperthyroidism occurs during pregnancy. These include establishing the diagnosis, treatment, fetal and neonatal Graves' disease and breast feeding.

Diagnosis

The clinical diagnosis of hyperthyroidism in pregnancy is difficult because many of the clinical symptoms and signs (e.g. heat intolerance, tachycardia, nervousness and small goitre) may occur in normal pregnancy. On the other hand, more specific findings such as big goitre, ophthalmopathy, pretibial myxedema and inappropriate weight loss may suggest Graves' hyperthyroidism. The diagnosis of hyperthyroidism in pregnant women should be based primarily on a serum TSH value < 0.01 mU/L and also a high serum free T4 value.¹⁰ Free T3 measurements may be useful in women with suppressed serum TSH concentrations and normal or minimally elevated free T4 values. Because radioiodine administration is contraindicated, it may not be possible to ascertain the cause of the hyperthyroidism during pregnancy.

Treatment

Treatment options for pregnant women with hyperthyroidism are limited because of the potential adverse fetal effects of the available treatments. Radioiodine is absolutely contraindicated.¹¹ Fetal thyroid tissue is present by 10th to 12th weeks, and therefore can be ablated by radioiodine. Treatment is best done using ATD. The aim is to maintain the mother's serum free T4 concentration in the high normal range using the lowest drug dose.¹⁰ The treatment of choices are propylthiouracil (PTU), methimazole (MMI) or carbimazole (CBZ). All of them can cross the placenta and cause fetal hypothyroidism and goitre.¹² PTU has generally been preferred because it has not been associated with fetal scalp defect (aplasia cutis),¹³ choanal atresia or tracheoesophageal fistulas,^{14,15} though these associations have been questioned.^{16,17} MMI and CBZ are commonly used during pregnancy in many countries (for instance, in Japan and in several European countries where PTU is not commercially available previously), including the United States, without particular problem.¹⁸ We therefore believe the recommendation to use PTU only is not fully justified. While either drug may be used,¹⁰ my approach is to begin treatment with PTU, but switch to CBZ if there are allergic reactions or adverse effects induced by PTU. For those women who were already put on CBZ antedating pregnancy, I will continue CBZ treatment in order to avoid the unexpected side effects after shifting the treatment to PTU. The ideal maintenance dose of PTU is 50 mg twice daily or less; doses in excess of 200 mg/day may result in fetal goitre or

hypothyroidism. Monitoring ATD therapy at monthly interval is necessary. Usually the dose of ATD can be adjusted downward after the first trimester and often discontinued during the third trimester. A blocking-replacement therapy regime of ATD and thyroxine should not be used as thyroxine will not cross the placenta in significant quantities and the dose of ATD will be too high to the fetus.

Beta-blockers should be given only to women who have severe symptoms, because occasional causes of neonatal growth restriction, hypoglycemia, respiratory depression and bradycardia have been reported after maternal administration.¹⁹

Thyroidectomy during pregnancy should be performed only as a last resort after a trial of drug therapy. The indications for surgery are:

- Requirements for high doses of PTU (>300 mg) or CBZ (>20 mg) with inadequate control of clinical hyperthyroidism;
- Poor compliance with resulting clinical hyperthyroidism;
- The appearance of fetal hypothyroidism (retarded bone age, bradycardia) at ATD doses required for control of the mother; and
- Severe side effects (e.g. agranulocytosis) after ATD.

Surgery during pregnancy, however, is associated with an increased risk of spontaneous abortion or premature delivery.²⁰ Subtotal thyroidectomy may be undertaken most conveniently in the second trimester. It may be necessary to give post-operative thyroxine therapy to maintain euthyroidism during the remainder of the pregnancy.

Fetal and Neonatal Graves' Disease

One to five percent of neonates born to women with Graves' disease have hyperthyroidism due to transplacental transfer of TSH receptor stimulating antibodies.^{21,22} The incidence is unrelated to maternal thyroid function. It can occur in babies born to hyperthyroid mothers, or to mothers who had previously undergone thyroidectomy or radioiodine therapy who continue to produce large amounts of these antibodies. High fetal heart rate (>160 beats/min), fetal goitre, advanced bone age, poor growth and craniosynostosis are the manifestations of fetal hyperthyroidism. Thionamide can be given to the mother in order to treat hyperthyroidism in utero,²³ even when she is receiving levothyroxine because of prior thyroid ablation. The pediatrician should be informed whenever there is a history of maternal thyroid disease. The clinical manifestations of neonatal hyperthyroidism are those of hyperthyroidism in general plus some changes unique to neonates: low birth weight, hepatosplenomegaly and abnormalities of the cranium (e.g. microcephaly, frontal bossing, and triangular face).²⁴ These infants should be closely monitored with serial testing of thyroid functions. ATD therapy may be required for several weeks until the maternal antibodies are metabolized.

Breast Feeding

Breast feeding in mothers taking PTU, MMI or CBZ is not unsafe.^{25,26} Hence ATD are not an absolute contraindication

to breast feeding assuming the mother is taking a low dose, though the potential risk should be explained. PTU is preferred because it is less concentrated in breast milk. If breast feeding is to continue for many months, infant thyroid function should be monitored regularly.

Hypothyroidism in Pregnancy

Maternal overt hypothyroidism complicating pregnancy is rare because hypothyroid females are relatively infertile and they are more prone to have first trimester miscarriage. Hypothyroidism in pregnant women has several consequences for fetuses and infants: low birth weight, congenital anomalies in 10 to 20 percent, perinatal mortality in up to 20 percent, and neuropsychological impairment.^{27,28}

The goal of therapy is to normalize the mother's serum TSH concentration. Approximately 75 percent of women with pre-existing hypothyroidism need more T4 during pregnancy.²⁹ This is especially true for women with thyroid cancer who have received radioiodine therapy. Serum TSH should be measured four to six weeks after any change in the dose of T4. The dose can be reduced to pre-pregnancy levels after delivery. Some infants of mothers with TSH receptor-blocking antibodies are born with transient hypothyroidism that resolves as the maternal immunoglobulins are cleared.²¹ The pediatrician should be informed whenever there is a history of maternal thyroid disease.

Postpartum Thyroid Dysfunction

The immune suppression associated with pregnancy is not seen in the postpartum period with the result that there may be an exacerbation of autoimmune disease. Graves' patients in remission often develop recurrent hyperthyroidism in 2 to 4 months postpartum. It represents about 10 to 15 percent of postpartum hyperthyroid cases.

Postpartum thyroiditis is the most common cause of postpartum thyroid dysfunction. Throughout the world, 1.9 to 17% of all pregnant patients develop postpartum thyroiditis. Most studies from iodine sufficient areas of the world report incidences of 5 to 9%.³⁰ It may occur after normal delivery or pregnancy loss (e.g. miscarriage, abortion, ectopic pregnancy). Patients with Hashimoto's thyroiditis and high titre antithyroid antibodies (anti-microsomal or anti-TPO antibodies) prepartum or in the first trimester are particularly prone to develop this disorder. In addition, the disease may occur in up to 25% of patients with type 1 diabetes.³¹ It appears to be familial and is associated with certain HLA types. If postpartum thyroiditis occurs in one pregnancy, it will occur in at least 50% of subsequent pregnancies. The peak incidence is 6 to 7 months postpartum. It has three phases:

a. Transient Hyperthyroidism

It is due to leakage of thyroid hormone, associated with a low radioactive iodine uptake. The thyroid is not painful, the ESR is normal or minimally elevated. The pathology is that of lymphocytic thyroiditis. This generally occurs at 2 to 3 months postpartum but may occur up to 6 months. The hyperthyroid phase of

postpartum thyroiditis, if symptomatic, is usually treated with beta-blockers.

b. Transient hypothyroidism

This may last weeks or months and should be treated with levothyroxine if symptomatic. It generally appears at 4 to 6 months, but may occur up to one year postpartum. If the hyperthyroid phase was missed or absent, this may be misinterpreted as permanent hypothyroidism.

c. Return to euthyroidism

This may take a year or longer. Persistent or new hypothyroidism occurs in about 25% after one year, although a higher percentage will demonstrate positive antithyroid antibodies and goiter.

However, not all patients develop both hyper and hypothyroidism, 38% develop hyperthyroidism alone, 26% hyperthyroidism followed by hypothyroidism and 36% hypothyroidism alone. Prophylactic levothyroxine therapy apparently does not prevent postpartum thyroiditis, although it will prevent the hypothyroid phase. Hence, transient hypothyroidism is treated with levothyroxine, which may be continued for arbitrary 6 months and then taped to determine if the hypothyroidism is permanent.

Conclusion

Considering the current level of evidence, it seems prudent to attempt to identify and appropriately treat hyperthyroidism and hypothyroidism in women of childbearing age who wish to become pregnant (preconception) as well as pregnant women in the first trimester. It must be remembered, however, that serum TSH levels often decline in the first trimester as a result of the influence of hCG. Thus a level of 4 to 5 mU/L in the first trimester may be inappropriately high while a TSH level of 0.1 mU/L may be appropriately low because of the thyroid-stimulating activity of high level of hCG in the first trimester. Appropriate and judicious treatment of clinical hyper or hypothyroidism is definitely indicated to decrease morbidity in both the mother and fetus. Postpartum thyroid dysfunction is not uncommon in certain populations. Women with Graves' disease, previous history of postpartum thyroiditis, strong family history of thyroid disease, type 1 diabetes mellitus and high titre of anti-TPO antibodies should have regular thyroid function monitoring during the postpartum period.

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Self-Assessment Questions

(Please indicate true or false to the following statements)

1. Human chorionic gonadotropin (hCG) has strong thyroid-stimulating activity.
2. Fetal thyroid is capable of synthesizing thyroid hormone before the 10th week of gestation.
3. The extent of transplacental passage of thionamide drugs and thyroxine are the same.
4. Graves' disease usually becomes less severe during pregnancy.
5. Radioiodine administration is helpful to ascertain the cause of hyperthyroidism during and after pregnancy.
6. The aim of treatment for pregnant women with hyperthyroidism is to maintain the mother's serum free T4 concentration in the high normal range using the lowest drug dosage.
7. Carbimazole is absolutely contraindicated for pregnant women with hyperthyroidism.
8. A blocking-replacement therapy regime of antithyroid drug and thyroxine should not be used during pregnancy.
9. Antithyroid drugs are not an absolute contraindication to breast feeding.
10. Women with pre existing hypothyroidism usually need more T4 replacement during pregnancy.

CME for October 2004

Lecture 二零零四年十月之進修講課

CME Event 講課簡介

Venue & Time 地點及時間

4 October 2004 (Monday)


Endothelial & Erectile Dysfunction

Dr. Graham Jackson

F.R.C.P.

Consultant Cardiologist, Guy's and St Thomas' Hospital Trust (U.K.)

This symposium is free-of-charge.

The luncheon and registration fee are sponsored by Pfizer Corporation (HK) Limited. 

Crystal Ballroom, B3,
Holiday Inn Golden Mile HK
50 Nathan Road, TST, Kln
Lunch: 1:00 - 2:00 p.m.
Lecture: 2:00 - 3:00 p.m.
九龍尖沙咀彌敦道五十號
金域假日酒店地庫三樓麗晶殿
午餐：下午一時至二時正
講課：下午二時至三時正

14 October 2004 (Thursday)


**HKMA Structured CME Programme with HKS&H –
New Approaches to Hernia Management**

Dr. Kwok Po Yin, Samuel

Director, Minimally Invasive and Endoscopic Surgery Centre

M.B., B.S. (H.K.), F.R.C.S. (Edin.), F.R.A.C.S., F.C.S.H.K., F.H.K.A.M. (Surgery),

Specialist in General Surgery

This symposium is co-organized with Hong Kong Sanatorium & Hospital. 


The HKMA Dr. Li Shu Pui Professional
Education Centre
2/F, Chinese Club Building
21-22 Connaught Road Central, HK
Lecture: 2:00 – 3:00 p.m.
(Light lunch: 1:15 p.m.)
香港中環干諾道中二十一至二十二號華商會
所大廈二樓
香港醫學會李樹培醫生專業教育中心會
講課：下午二時至三時正
[茶點於下午一時十五分開台]

26 October 2004 (Tuesday)

STEAR: The New Concept on Post-menopause

Dr. Kostas I. Papadopoulos

M.D., Ph.D (Endocrinology/Immunology), Specialist in Endocrinology and Diabetology

The symposium is sponsored by Organon (HK) Limited. 

The Ballroom, Level 2
Langham Hotel Hong Kong
(Former Great Eagle Hotel)
8 Peking Road, TST
Lunch: 1:00 – 2:00 p.m.
Lecture: 2:00 – 3:30 p.m.
九龍尖沙咀北京道八號
朗廷酒店(前鷹君酒店)二樓宴會廳
午餐：下午一時至二時正
講課：下午二時至三時正

Registration: Please fill in and return the Registration Form together with a cheque of adequate amount made payable to "The Hong Kong Medical Association" to 5/F Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong. Each lecture will carry 1 CME point under the MCHK/HKMA CME Programme (unless otherwise stated). Accreditation from other colleges is pending. (The Secretariat fax no.: 2865 0943)

報名方法: 請填妥表格連同支票寄交香港灣仔軒尼詩道十五號溫莎公爵社會服務大廈五樓，支票抬頭請書明支付「香港醫學會」。參加者可獲醫務委員會/香港醫學會持續醫學進修計劃積分一分(除特別註明外)。其他專科學院之學分尚在申請中。(秘書處傳真號碼：2865 0943)

Please register for participation. First come, first served. 名額有限 請早登記

I would like to register for the following CME lecture(s):

本人欲報名參加以下講課：

Please "✓" as appropriate. 請在適用處加上「✓」號

Free of Charge Lecture

4 October 2004: Endothelial & Erectile Dysfunction

14 October 2004 : New Approaches to Hernia Management

26 October 2004 : STEAR: The New concept on Post-menopause

HKMA Members
HK\$50

CME Participants
HK\$80

I enclose herewith a cheque of

現隨表格附上支票一張作為講課之報名費用

HK\$港幣

Name 姓名: _____

Tel No. 電話: _____

Fax No. 傳真: _____

HKMA Membership No. 會員編號

or HKMA CME No. 或進修號碼: _____

Signature 簽名: _____

Data collected will be used and processed for the purposes related to the MCHK/HKMA CME Programme only. All registration fees are not refundable or transferable. 個人資料將用於有關香港醫學會持續醫學進修計劃之事宜。所有報名費用將不給予退還或轉授予其他會員。

Clinical Case Study

專科個案剖析

Please answer the questions for each quiz below by returning the completed answer sheet printed on page 11. This exercise will attract 0.5 CME point for participants completing BOTH quizzes. Answers and explanations will be provided in the next issue.

請回答下列問題並填妥第十一頁之答題紙交回本會秘書處，參加者將可獲持續醫學進修積分點零點五分，請注意，參加者必須同時回答兩個小測驗之問題。至於今期之答案將刊於下一期《持續醫學進修專訊》之中。

Clinical Cardiology Series

臨床心臟科個案研究

A 25 year old gentleman comes to your office for a medical check up. He is asymptomatic with good past health. This is his ECG.



1. What are the abnormalities?
2. What is the diagnosis?
3. What further investigations are needed and what are other possible associated problems?
4. How to follow up this patient?

The content of the Office Cardiology Series is provided by:

Dr. Li Siu Lung, Steven

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臨床心臟科個案研究之內容誠蒙李少隆醫生及王壽鵬醫生提供。

Answers to August 2004 Clinical Cardiology Series

臨床心臟科個案研究 二零零四年八月份答案

Which of the following concerning aortic stenosis is true?

1. Aortic valve replacement is indicated in all patients with symptomatic severe aortic stenosis.
2. Aortic valve replacement is also indicated in all patients with asymptomatic severe aortic stenosis.
3. Aortic valve replacement in patients with severe aortic stenosis with good left ventricular function carries a good prognosis.
4. Aortic valve replacement in patients with severe aortic stenosis with reduced left ventricular function is contraindicated.
5. Aortic valve replacement for severe aortic stenosis is contraindicated in octogenarians.

Answers:

1. **True.** The 5 year survival of symptomatic patients with angina is 50% and the 3 year survival for those presented with syncope is also 50%. Only 50% patients with exertional dyspnea will survive in two years if left untreated. Overall, the overall 3 year mortality for all symptomatic patients is around 75%. The near normal postoperative survival makes treatment strategy straightforward in this group of patients.
2. **False.** The prognosis for asymptomatic patients is good. The overall risk of sudden death is around 2%. However, one needs to be aware of the pitfall of "asymptomatic" in patients with sedentary life style. Although strenuous exercise is contraindicated in patients with severe aortic stenosis, it has been advocated by some authorities that asymptomatic patients should undergo a cautious treadmill exercise test by cardiologists to evaluate their exercise tolerance and symptoms. In one study, it was found that 40% of these "asymptomatic" patients were found to be symptomatic during the treadmill test. This group of patients will probably benefit from aortic valve replacement.
3. **True.** In good surgical center, aortic valve replacement in this group of patients offers excellent postoperative prognosis.
4. **False.** The prognosis in this group of patients depends on the cause of the left ventricular dysfunction. If the decrease in left ventricular ejection fraction is due to afterload mismatch in relation to the aortic valve stenosis, the left ventricular performance would usually improve after the relieve of the obstruction. The gradient across the aortic valve by echocardiography is usually high in this group. However, the prognosis of surgery for those patients with a low gradient and a low left ventricular ejection fraction is much worse. In one study, the operative risk is 21% with a 4 year survival after surgery of 50% only. Careful evaluation by specialists in echocardiography using dobutamine or vasodilator stimulation may be useful to select patients with better prognosis for surgery.
5. **False.** In general, there should be no age limit for aortic valve replacement in elderly patients with severe aortic stenosis, provided that there are no significant co-morbid conditions. However, the risk and benefit ratio of surgery should be assessed individually in patients with other significant medical conditions such as renal or pulmonary impairment.

References:

1. Blase A, Carabello. Evaluation and management of patients with aortic stenosis. *Circulation*. 2002;105:1746-50.
2. Otto CM et al. A prospective study of asymptomatic valvular stenosis: clinical, echocardiographic and exercise predictors of outcome. *Circulation*. 1997, 95:2262-70.
3. Connolly HM et al. Severe aortic stenosis with low transvalvular gradient and severe left ventricular dysfunction: result of aortic valve replacement in 52 patients. *Circulation*. 2000, 101:1940-46.

➤ Dermatology Series 皮膚科病例研究



A 4 year old Chinese girl presented with skin rash over her left shoulder for twelve months. The lesion occurred spontaneously and progressively increased in number. They were occasionally painful. The patient enjoyed good general health. Physical examination revealed grouped vesicles localized over her left shoulder. Some vesicles appeared haemorrhagic. A skin biopsy revealed dilated lymphatic channels.

1. *What is the clinical diagnosis?*
2. *What are the differential diagnoses?*
3. *What are the investigations?*
4. *What are the possible complications of this condition?*
5. *What are the treatments?*

The content of the Dermatology Series is provided by:
Dr. Chan Loi Yuen and Dr. Tang Yuk Ming, William
Specialists in Dermatology & Venereology
皮膚科病例研究之內容誠蒙陳來源醫生及鄧旭明醫生提供。

➤ Answers to August 2004 Dermatology Series 皮膚科病例研究 二零零四年八月份答案

A 16 year old Chinese male complained of scaling and dry skin since early childhood. The skin felt drier and slightly itchy during winter. His elder brother also had similar condition but said to be very mild. He enjoyed good general health. Physical examination revealed dry skin with coarse scales symmetrically disposed on upper and lower limbs especially the extensor aspects of legs and forearms (Figure). The flexural areas including cubital and popliteal fossae, axillae and groins were not affected. The trunk and neck were also spared. Systemic examination was normal.

1. *What is the most likely diagnosis?*

The most likely diagnosis is ichthyosis vulgaris. Ichthyosis refers to a group of dermatoses due to disorder of

epidermal cornification and is clinically characterised by a widespread, persistent, non-inflammatory scaling of the skin surface. Ichthyosis vulgaris is the commonest form of ichthyosis. In most cases, it is inherited in an autosomal dominant manner. Affected individual has symmetric skin scaling commonly affecting extremities sparing flexural areas. The affected skin feels dry and rough especially during winter time. Clinical features are not usually evident at birth but appeared during early childhood.

2. *What biochemical or molecular abnormality is thought to occur?*

It is thought that a diminished or absent expression of profilaggrin in epidermis. Profilaggrin, a major component of keratohyalin granule, is a precursor of filaggrin. It is synthesized in the granular layer of the epidermis. Profilaggrin undergoes modifications to become filaggrin. Filaggrin plays an important role as water-binders in the upper stratum corneum.

3. *What are the differential diagnoses?*

The differential diagnoses include other forms of ichthyosis such as acquired ichthyosis, X-linked ichthyosis and other ichthyosiform syndrome. Acquired ichthyosis usually appears for the first time in adulthood and is associated with systemic disease including malignancy.

4. *What associations have been reported with this condition?*

Associations with ichthyosis vulgaris include keratosis pilaris, eczema, hay fever and asthma.

5. *What are the treatments?*

Although ichthyosis vulgaris is a chronic disorder, many patients experience improvement with age. Liberal use of moisturisers such as aqueous cream, emulsifying ointment and urea cream help hydrating the skin and make the skin more supple. Alpha-hydroxy acids help disaggregation of corneocytes and improve skin hydration. Topical salicylic acid aids removal of scales while topical tretinoin reduces cohesiveness of epithelial cells and suppresses keratin synthesis.





The Hong Kong Medical Association



Kwong Wah Hospital

Lecture	Date	Topic
VI	26 Sept 2004	Endocrinology and DM 1. Management of Hyper & Hypothroid Dr. Yeung Tok Fai, Vincent <i>Chief of Service, Dept. of Medicine, OLMH</i> 2. Update in Pharmacotherapy of DM Dr. Lee Ka Fai <i>SMO, Dept. of M&G, KWH</i>
VII	24 Oct 2004	Renal Medicine 1. Renal Replacement Therapy Dr. Mak Siu Ka <i>SMO, Dept. of M&G, KWH</i> 2. Management of Pyuria Dr. Wong Ping Nam <i>SMO, Dept. of M&G, KWH</i>
VIII	28 Nov 2004	Stroke and Geriatrics
IX	19 Dec 2004	Psychiatry
X	23 Jan 2005	Paediatrics
XI	27 Feb 2005	Traditional Chinese Medicine
XII	27 Mar 2005	General Surgery & Orthopaedics

- **Venue** : Lecture Theatre, 10/F, Yu Chun Keung Memorial Medical Centre, KWH
- **Date** : April 2004 to March 2005
- **Time** : 2:00 – 5:00 pm
- **Fee** : HK\$50 per lecture for HKMA members
HK\$80 per lecture for CME Participants
- **地點** : 廣華醫院余振強紀念中心十樓演講廳
- **日期** : 二零零四年四月至二零零五年三月
- **時間** : 下午二時至五時
- **報名費用** : 醫學會會員－每課堂港幣五十元正
持續進修參加者－每課堂港幣八十元正

Light snacks and lecture notes will be provided.

敬備茶點及講義

Registration: Please fill in and return the Registration Form on p. 9 together with a cheque of adequate amount made payable to "The Hong Kong Medical Association" to 5/F Duke of Windsor Social Service Building, 15 Hennessy Road, Hong Kong. Each lecture will carry 3 CME points under the **MCHK/HKMA CME Programme**.

報名方法：請填妥第九頁之表格連同支票寄交香港灣仔軒尼詩道十五號溫莎公爵社會服務大廈五樓，支票抬頭請書明支付「香港醫學會」。參加者可獲醫務委員會/香港醫學會持續醫學進修計劃積分三分。



The Hong Kong Medical Association



Queen Elizabeth Hospital

Lecture	Date	Topic
VII	10 Oct 2004	Surgery 1. Management of Biliary Stone Dr. Wai Sing Hang SMO, Dept. of Surgery, QEH 2. Management of Tumour in Stomach Dr. Kao Sau Shan Specialist in Surgery, QEH 3. Lumps & Bumps in General Practice Dr. Kwok Kam Hung SMO, Dept. of Surgery, QEH Neurosurgery 4. Neurosurgical Problems Encountered in General Practice Dr. Tan Tze Ching SMO, Dept. of Neurosurgery, QEH
VIII	14 Nov 2004	Psychiatry 1. How to Overcome Depression Happily? Dr. Lin Wei MO, Dept. of Psychiatry, KH 2. Reducing Delays in Presentation of Psychosis Prof. Chen Yu Hai, Eric Associate Professor, Dept. of Psychiatry, HKU 3. Cognitive-behavioural Therapy to Enhance Medication Adherence Dr. Ng Man Kin, Roger SMO, Dept. of Psychiatry, KH 4. Psychiatric Aspects of Medical Diseases Dr. Lau Ying Kit, David MO, Dept. of Psychiatry, KH
IX	12 Dec 2004	Emergency Medicine & Anaesthesia

- **Venue** : Lecture Theatre, G/F, Block M, QEH
- **Date** : April 2004 to March 2005
- **Time** : 2:00 – 5:00 pm
- **Fee** : HK\$50 per lecture for HKMA members
HK\$80 per lecture for CME Participants

- **地點** : 伊利沙伯醫院M座地下演講廳
- **日期** : 二零零四年四月至二零零五年三月
- **時間** : 下午二時至五時
- **報名費用** : 醫學會會員 – 每課堂港幣五十元正
持續進修參加者 – 每課堂港幣八十元正

Light snacks and lecture notes will be provided. 敬備茶點及講義
First come, first served. 名額有限請早登記

HKMA Structured CME Programme at QEH/KWH – Registration Form 香港醫學會分科進修課程報名表格

I would like to register for the following lecture(s):
本人欲參加下列講課：

			HKMA Members 香港醫學會會員 HK\$50 港幣五十元正	CME Participants (Non-HKMA members): 持續進修參加者 (非香港醫學會會員) HK\$80 港幣八十元正
KWH	26 Sep 2004:	Endocrinology and DM	<input type="checkbox"/>	<input type="checkbox"/>
	24 Oct 2004:	Renal Medicine	<input type="checkbox"/>	<input type="checkbox"/>
QEH	10 Oct 2004:	Surgery & Neurosurgery	<input type="checkbox"/>	<input type="checkbox"/>
	14 Nov 2004:	Psychiatry	<input type="checkbox"/>	<input type="checkbox"/>

Please "✓" as appropriate 請在適用處加上「✓」號

I enclose herewith a cheque of
現隨表格附上支票一張作為講課之報名費用：HK\$港幣_____

Name 姓名：_____ Tel No. 電話：_____ Fax No. 傳真：_____

HKMA Membership No. 會員編號
or HKMA CME No. 或進修號碼：_____ Signature 簽名：_____

Data collected will be used and processed for the purposes related to the MCHK/HKMA CME Programme only. All registration fees are not refundable or transferable.
個人資料將用於有關香港醫學會持續醫學進修計劃之事宜。所有報名費用將不給予退還或轉授予其他會員。

Lecture Notes

講課重溫



EISAI (Aricept)

Answer Sheet for September 2004

二零零四年九月號答題紙

Please return completed answer sheet to the HKMA Secretariat on or before 16 October 2004 for documentation. 1 CME point will be awarded for answering the Monthly Self-Study Series (I) and an extra 0.5 CME point for completing the Clinical Case Study (II). (Fax: 2865 0943)

請回答所有問題，並於二零零四年十月十六日前將答題紙傳真或寄回至香港醫學會。參加者將可獲持續醫學進修積分點—每月自修系列：一分；「專科個案剖析」系列：零點五分。(傳真號碼：2865 0943)

(I) Thyroid Disease and Pregnancy

(Please indicate "T" or "F" in each box.)

1	2	3	4	5	6	7	8	9	10

ANSWERS TO AUGUST 2004 ISSUE 香港醫學會持續醫學進修計劃 每月自修資料二零零四年八月號答案

Prescribing for the Elderly

	a	b	c	d	e
1.	T	T	F	F	T
2.	F	T	F	F	F
3.	T	F	T	T	T
4.	T	T	F	F	F
5.	T	T	T	T	T
6.	T	T	T	T	T
7.	F	F	T	T	T

姓名
Name: _____

香港醫學會會員編號
或持續進修編號
HKMA Membership No.
or HKMA CME No.: _____

香港身份證號碼 - X X (X)
HKID No.:

簽名
Signature: _____

聯絡電話
Contact Tel. No.: _____

(II) Clinical Case Study

(Please answer both quizzes and write down the answers in the space provided.)

(A) Clinical Cardiology Series

- _____
- _____
- _____
- _____

(B) Dermatology Series

- _____
- _____
- _____
- _____
- _____

CME Calendar

持續進修日程

Date/Time 日期/時間	Function 活動	CME Accreditation 進修積分											Remarks/ Contact Info 備註及聯絡電話				
		MCHK & HKMA	HKCA	HKCCM	HKCEM	HKCFP	HKCOG	COHK	HKCOS	HKCORL	HKCPaed	HKCPath		HKCP	HKCPsy	HKCR	CSHK
Sep 2004	HKMA CME Programme Monthly Self-Study Series – Thyroid Disease and Pregnancy	1															Fax: 2865 0943 Fax answer sheet to By 16 October 2004 Ms. Angel Hui Tel: 2595 6408
15 Sep 2004 (Wed) 8:30 – 9:30 am	Pamela Youde Nethersole Eastern Hospital / HKCOG Topic Seminar <i>To be advised</i>	1															Tel: 2320 2121
15 Sep 2004 (Wed) 12:30 – 1:45 pm	Our Lady of Maryknoll Hospital, Department of Medicine and Geriatrics Grand Round: Case Presentation <i>Training Room I, 1/F OPD Block</i>	1															
15 Sep 2004 (Wed) 12:30 – 3:30 pm	Hong Kong Mood Disorders Center, The Joyful (Mental Health) Foundation A New Practical Course on Mood Disorders in Primary Care (Jul – Sept 2004) (Session 8) <i>Ballroom A, 2/F., Langham Hotel, Kln</i>	2															Ms. Jamie Ho Tel: 2144 6996
15 Sep 2004 (Wed) 1:00 – 3:00 pm	Pfizer Corporation Hong Kong Limited New Evidence in the Management of High Risk Cardiovascular <i>Capital Seafood Restaurant (京都海鮮酒家) 1.F., Fortune Plaza, On Chee Road, Tai Po, N.T.</i>	1															Ms. Janice Cheng Tel: 2963 5524
15 Sep 2004 (Wed) 1:00 – 3:00 pm	HKDU Tuen Mun Study Group The Symptom-Free Asthmatic: Reality or Myth? <i>Gold Coast Yacht and Country Club, 1 Castle Peak Road, Castle Peak Bay, N.T.</i>	1															
15 Sep 2004 (Wed) 1:15 – 2:45 pm	Pamela Youde Nethersole Eastern Hospital Falls Prevention in the Elderly Series I – Risk Assessment and Common Causes <i>Lecture Hall (Room: PB.01.014), 1/F, Pathology Block, Pamela Youde Nethersole Eastern Hospital</i>	1															Miss Amy Ng Tel: 2595 6887
15 Sep 2004 (Wed) 1:30 – 4:30 pm	United Christian Nethersole Community Health Service Intensive Psychotherapy Training Course for General Practitioners (Session 2) <i>United Christian Hospital – Block F, 1/F, Seminar Room 2</i>	3															Fee: \$1,500 Dr. Joyce Tang Tel: 2172 0170 Member: \$1,500 N-Member: \$1,900 Tel: 2527 8285
15 Sep 2004 (Wed) 1:45 – 3:15 pm	HKMA CME Programme Putonghua Certificate Course for Medical Practitioners (Session 3) <i>HKMA Dr. Li Shu Pui Professional Education Centre, 2/F, Chinese Club Building, 21-22 Connaught Road Central, HK</i>	1.5	—	—	1	1	1.5	—	2#	—	—	—	—	—	—	18#	
15 Sep 2004 (Wed) 2:00 – 3:00pm	HA – Tuen Mun Hospital Community Medical Program: Electrophysiological Study and Radiofrequency Ablation for Cardiac Arrhythmias <i>Discussion Room (D1002), 1/F Main Block, TMH</i>	1															Ms. Anita Au Yeung Tel: 2468 5777
15 Sep 2004 (Wed) 2:15 – 3:15 pm	Hong Kong Doctors Union Consultations in Dermatology: Identifying & Treating Skin Abnormalities (Video Cassette Session) <i>Room 901, Hang Shing Bldg., 363-373, Nathan Road, Kln</i>	1															Tel: 2388 2728
15 Sep 2004 (Wed) 2:30 – 3:30 pm	PWH, Dept of Clinical Oncology/ HKCR Topic Review <i>Lecture Room, Dept of Clinical Oncology, PWH</i>	1															Diane Tel: 2871 8830
15 Sep 2004 (Wed) 6:30 – 9:00 pm	CUHK – Centre for Emerging Infectious Diseases Certificate Course in Common Viral Infections (XIII) <i>Kai Chong Tong, School of Public Health, Prince of Wales Hosp</i>	2															Ms Rebecca Tsui Tel: 2252 8812 Fax: 2635 4977
15 Sep 2004 (Wed) 7:00 – 9:30 pm	青草地全人發展中心 精神病治療與輔導研討會 — Mental Disorders in childhood <i>九龍彌敦道574-576號和富商業大廈9樓, 青草地全人發展中心</i>	2.5															Registration fee is required Tel: 2771 1370
16 Sep 2004 (Thur) 12:15 – 3:30 pm	HKU – Department of Medicine Update in Dermatologic Surgery – Laser, Intense Pulsed Light and Radio Frequency <i>Sheraton Hong Kong Hotel & Towers, Ballroom 3/F</i>	2															MediMedia Pacific Ltd. Tel: 2559 5888
16 Sep 2004 (Thur) 12:30 – 1:30 pm	Prince of Wales Hospital / HKCOG Laparoscopic reproductive surgery audit <i>Allan Chang Seminar Room, 1E, O&G Dept, PWH</i>	1															Ms. Alice Lai Tel: 2632 2810
16 Sep 2004 (Thur) 1:00 – 2:00 pm	PWH, Dept of Clinical Oncology/ HKCR Combined Breast Cancer Meeting <i>Meeting Room, Dept of Clinical Oncology, PWH</i>	1															Diane Tel: 2871 8830
16 Sep 2004 (Thur) 1:00 – 3:00 pm	HKDU Sheung Shui Study Group Sexual Dysfunction <i>Glory Super Seafood Restaurant (星輝超級漁港), 1/F, Lung Fung Garden, 33 Lung Sum Avenue, Sheung Shui, N.T.</i>	1															Tel: 2388 2728
16 Sep 2004 (Thur) 1:00 – 3:00 pm	HKMA Tseung Kwan O Community Network Management of Neuropathic Pain <i>Maxim's Restaurant, Metro Plaza, Tseung Kwan O, Kowloon</i>	1	1		1	1	1	0.5		0.5		1	0.5	—	—	1	Tel: 2811 9711
16 Sep 2004 (Thur) 1:30 – 3:00 pm	HKMA, HK Sanatorium & Hospital HKMA Structured CME Programme with HKS&H 2004 (Jul – Dec) – Are Health Problem in Chinese Children Different? <i>HKMA Dr. Li Shu Pui Professional Education Centre, 2/F, Chinese Club Building, 21-22 Connaught Road Central, HK</i>	1															Members: \$50 Non-M: \$80 Tel: 2861 1979
16 Sep 2004 (Thur) 2:00 – 3:00 pm	HA – Caritas Medical Centre, Ophthalmology Dept Topical Seminar – Prevention of Blindness in Diabetes <i>Lecture Theatre, G/F Wai Oi Block, CMC</i>	1															Eye Clinic Tel: 3408 7066
16 Sep 2004 (Thur) 2:00 – 3:30 pm	Hong Kong Academy of Medicine Diagnosis and Management of Anxiety Disorders <i>Lecture Theatre, LG1, Ruttonjee Hospital, Wan Chai</i>	2															Tel: 2871 8896
16 Sep 2004 (Thur) 6:00 – 8:00 pm	PHM – Review Meeting (HKCCM) Review Meetings in areas related to Public Health Medicine <i>Wu Chung House, Wanchai, HK</i>	2															Dr. Ronald Lam Tel: 2575 4110
16 Sep 2004 (Thur) 7:30 – 8:30 pm	Hong Kong Baptist Hospital / HKCOG Update on Prenatal Screening and Diagnosis of Thalassaemia <i>9/F, The Chapel, Hong Kong Baptist Hospital</i>	1															Ms. Polly Tam Tel: 2339 8873

* Colleges accreditation pending
Total CME points for entire course

Date/Time 日期/時間	Function 活動	CME Accreditation 進修積分											Remarks/ Contact Info 備註及聯絡電話				
		MCHK & HKMA	HKCA	HKCCM	HKCEM	HKCFP	HKCOG	COHK	HKCOS	HKCORL	HKCPaed	HKCPPath		HKCP	HKCPsy	HKCR	CSHK
17 Sep 2004 (Fri) 12:30 – 2:00 pm	Tuen Mun Hospital / HKCOG Clinical Pathology Conference <i>G/F, Seminar Room, Pathology Block, Tuen Mun Hospital</i>																Ms. Angela Cheung Tel: 2468 5404
17 Sep 2004 (Fri) 1:00 – 3:00 pm	HKDU Shatin Study Group From Bone Strength to Fracture Resistant: What Makes Risedronate Different? <i>Royal Park Hotel, 8 Pak Hok Ting Street, Shatin, N.T.</i>	1															Tel: 2388 2728
17 Sep 2004 (Fri) 2:00 – 3:00 pm	The Society of Physicians of Hong Kong Treatment of Hypertension in High-Risk-Patients: Lessons From the VALUE Trial <i>HKMA Dr. Li Shu Pui Professional Education Centre</i>	1															Tel: 2818 0180
17 Sep 2004 (Fri) 2:00 – 3:00 pm	Union Hospital Laparoscopic Surgery in Urology <i>Seminar Room, 2/F, Medical Centre, Union Hospital, 18 Fu Kin Street, Tai Wai, Shatin, NT</i>	1															Tel: 2608 3388
17 Sep 2004 (Fri) 7:00 – 10:00 pm	HKU Family Institute Clinical Supervision Course in Psychosomatic Project (Session 2) <i>HKU Family Institute, 5/F Tsan Yuk Hospital, 30 Hospital Road, Sai Ying Pun, HK</i>	3															Fee: \$7800 Tel: 2859 5300
18 Sep 2004 (Sat) 8:00 – 11:30 am	Hong Kong Sanatorium & Hospital Stanford – Hong Kong Oncology Teleconference & Seminar Management of G. 1. Malignancies <i>Auditorium, 4/F, HK Sanatorium & Hospital</i>	3	3	—	2					2	3	1.5		3	3	Miss Angie Fung Tel: 2835 8800	
18 Sep 2004 (Sat) 9:00 – 5:00 pm	The University of Hong Kong, Faculty of Medicine Alimentary Disease Weekend (Session 1) <i>Cheung Kung Hai Conference Centre, Academic & Administration Block, Faculty of Medicine Building, 21 Sassoon Road, HK</i>	5															Ms Venus Chan Tel: 2818 0232
18 Sep 2004 (Sat) 9:00 – 5:00 pm	香港中西醫結合學會, 廣東省中醫藥學會熱病專業委員會 Infectious Diseases Conference: Chinese Medicine and Western Medicine <i>香港醫院管理大樓</i>	5	6		6	5	5#	3			6.5	4.5	6	6.5	6	Ms. Lenora Yung Tel: 2871 8841	
18 Sep 2004 (Sat) 11:00am – 12:00 pm	Kowloon East Cluster / HKCOG Management of Vulval Cancer <i>Conference Room, Dept of O&G, 3/F, Tseung Kwan O Hospital</i>	1															Ms. Cochinna Young Tel: 2208 0948
18 Sep 2004 (Sat) 1:00 – 4:30 pm	Hong Kong Paediatric Society, Hong Kong College of Paediatricians Update Series on Child Health 2004 – Session 3: HIV Infection in Children; Imaging in Common Paediatric Problems <i>Ballroom, 3/F, Sheraton Hong Kong Hotel, TST, Kln</i>	2															Ms. Kwong Tel: 2859 6421
18 Sep 2004 (Sat) 1:30 – 3:45 pm	United Christian Hospital, Kwun Tong District Health Committee Refresher Course for Health Personnel 2004 (Session 7: Update on premenstrual syndrome / PPI in the treatment of gastroduodenal ulcer and gastroesophageal reflux diseases) <i>Lecture Theatre, G/F, Block P, United Christian Hospital, Kln</i>	1.5															Ms. Marina Pun Tel: 2379 4888
18 Sep 2004 (Sat) 2:00 – 5:00 pm	HKU Family Institute Certificate Course in Family Therapy (Level II) (Session 4) <i>Lecture Room, HKU Family Institute, 5/F, Tsan Yuk Hospital, 30 Hospital Road, Sai Ying Pun, Hong Kong</i>	3															Tel: 2859 5300
18 - 19 Sep 2004 (Sat - Sun)	PasTest MRCGP Course <i>Euston Plaza Hotel, 17-18 Upper Woburn Place, London, WC1H</i>	10#															Tel: +44(0) 1565 752000 Email: enquiries@pastest.co.uk
19 Sep 2004 (Sun) 9:00 – 5:00 pm	香港中西醫結合學會, 廣東省中醫藥學會熱病專業委員會 Infectious Diseases Conference: Chinese Medicine and Western Medicine <i>香港醫院管理大樓</i>	5	6		6	5	5#	3			6.5	4.5	6	6.5	6	Ms. Lenora Yung Tel: 2871 8841	
19 Sep 2004 (Sun) 9:30 – 5:45 pm	The University of Hong Kong Alimentary Disease Weekend (Session 2) <i>Cheung Kung Hai Conference Centre, Academic & Administration Block, Faculty of Medicine Building, 21 Sassoon Road, HK</i>	5															Ms Venus Chan Tel: 2818 0232
19 Sep 2004 (Sun) 1:00 – 4:00pm	Hong Kong Doctors Union The 61st HKDU Sunday Afternoon Symposium <i>Lecture Hall, 8th Floor, Block G, Princess Margaret Hospital, Kwai Chung, N.T.</i>	1.5															Tel: 2388 2728
19 Sep 2004 (Sun) 2:00 – 5:00pm	HKCFP Update on Endocrinology and Lipid Therapy <i>B3, Crystal Ballroom, Holiday Inn Golden Mile Hotel</i>	3															Ms. Kara Lo Tel: 2861 0230
19 Sep 2004 (Sun) 2:00 – 5:00pm	Hong Kong Public Hospitals, Department of Health & Universities Doctors Association (PHUDA) and Hong Kong Primary Care Foundation (PCF) Advanced Integrated Practical Certificate Course for Primary Care Physicians: Pharmacological and Psychological Skills for Common Mood & Mental Disorders, Menopause, Andropause & Obesity (Session 3 – Menopause and andropause) <i>Ballroom, 2/F, Langham Hotel, 8 Paking Road, Tsimshatsui</i>	3	15#	10#	2	2	3	1.5	—	2#	11#	—	—	—	3	Ms. Connie Chiu Tel: 2599 8288	
19 Sep 2004 (Sun) 2:00 – 5:15 pm	CUHK – Department of Medicine & Therapeutics Professional Diploma Programme in Diabetes Management and Education Year 04/05 – Module 1 (SI) <i>Seminar Room 1, 2/F, Clinical Sciences Building, Prince of Wales Hospital, Shatin NT</i>	122#	—	10#	—	82#	5#	—	—	—	18#	20#	—	—	122#	18#	Ms Charmaine Lee Tel: 2632 5752
19 Sep 2004 (Sun) 2:00 – 6:00 pm	CUHK – Department of Medicine & Therapeutics Professional Diploma Programme in Diabetes Management and Education Year 2004 (Module 4: Research Methodologies Illustrated with Local Examples and Practical Session using Locally Relevant Databases) <i>Room 301A, 3/F, Postgraduate Education Centre, Prince of Wales Hospital, Shatin NT</i>	122#	—	10#	—	68.5#	5#	—	—	—	18#	20#	—	—	122#	18#	Ms Charmaine Lee Tel: 2632 5752
19 Sep 2004 (Sun) 3:30 – 5:30 pm	Hong Kong Doctors Union The 62nd HKDU Sunday Afternoon Symposium <i>Lecture Hall, 8th Floor, Block G, Princess Margaret Hospital, Kwai Chung, N.T</i>	1.5															Tel: 2388 2728
20 Sep 2004 (Mon) 1:00 – 3:00 pm	HKMA Tai Po Community Network Emotional Disorder in Children and Adolescent <i>京都海鮮酒家大埔昌運中心一樓</i>	1															Ms. Celia Pang Tel: 2738 6149

* Colleges accreditation pending
Total CME points for entire course

CME Calendar 持續進修日程

Date/Time 日期/時間	Function 活動	CME Accreditation 進修積分											Remarks/ Contact Info 備註及聯絡電話			
		MCHK & HKMA	HKCA	HKCCM	HKCEM	HKCFP	HKCOG	COHK	HKCOS	HKCORL	HKCPaed	HKCPath		HKCPsych	HKCR	CSHK
20 Sep 2004 (Mon) 5:30 – 6:30 pm	Princess Margaret Hospital / HKCOG Topic Seminar Room 9, 2/F, Block G	1														Ms. Ginny Chan Tel: 2990 3297
20 Sep 2004 (Mon) 6:30 – 10:30 pm	Hong Kong Adventist Hospital Scientific Seminar (1) Prostate Cancer – New Concept in Treatment (2) Advances in the Treatment of Ischemic Coronary Arteries Disease Pacific Suite, 47/F American Club, Two Exchange Square, HK	2														Tel: 2835 0543
21 Sep 2004 (Tue) 10:00 – 11:00 am	PWH, Dept of Clinical Oncology/ HKCR Combined Head and Neck Meeting A.K.C. Surgical Library, 4/F, Clinical Sciences Building, PWH	1														Diane Tel: 2871 8830
21 Sep 2004 (Tue) 12:45 – 3:45 pm	HKU – Department of Psychiatry The 6th Certificate Course on Psychological Medicine 2004-2005– Diagnosis & Management of Common Mental Disorders (Session 2) Holiday Inn Golden Mile Hotel, Crystal Rooms, 50 Nathan Road, Tsimshatsui, Kln	2														Ms. Kandy Wan Email: fun-fun.kandy.wan@pfizer.com
21 Sep 2004 (Tue) 2:00 – 3:00 pm	The Society of Physicians of Hong Kong Issues of Gram-Negative Resistance in Clinical Practice The Chariot Club, G/F, 2-8 Wellington St., Central, HK	1														Dr. Adrian Wu Tel: 2818 0180
21 Sep 2004 (Tue) 6:00 – 7:00 pm	The Hong Kong Society of Community Medicine Some interesting legal cases in public health Lecture Hall, The Federation of Medical Society of Hong Kong, 4/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wan Chai, HK	1														Dr. Lee Pui Man Tel: 2768 9742
21 Sep 2004 (Tue) 7:30 – 8:30 pm	Hong Kong Sanatorium & Hospital / HKCOG Emergency Contraception – Prospect for Advanced Provision in Hong Kong Room 1103 School of Nurse, 11/F, Li Shu Pui Block, HKSH	1														Stella Tel: 2835 8800
21 – 22 Sep 2004 (Tue – Wed)	Emergency Care Training (HK) & Hong Kong Association of Critical Care Nurses (HKACCN) Advanced Cardiac Life Support Provider Course (ACLS) A&E Training Center, 5/F, Southorn Center, Wan Chai	15#	18#		18#	6#	5#	9#	9#	2#			9#	16.5#		Ms. Doris Kung Tel: 2417 8465 (Must have attended BLS on 2 September 2004 before) Ms. Angel Hui Tel: 2595 6408
22 Sep 2004 (Wed) 8:30 – 9:30 am	Pamela Youde Nethersole Eastern Hospital / HKCOG Topic Seminar To be advised	1														
22 Sep 2004 (Wed) 8:30 – 12:30 pm	HA – Caritas Medical Centre, Resuscitation Training Centre American Heart Association (AHA) Basic Life Support for Healthcare Providers Refresher Course (BLS-R) Resuscitation Training Centre, 3/F Wai Oi Block, CMC	3														Course Fee: HK\$200 with valid BLS Certificate Ms. Irene Shiu Tel: 3408 7444 Tel: 2320 2121
22 Sep 2004 (Wed) 12:30 – 1:45 pm	Our Lady of Maryknoll Hospital, Department of Medicine and Geriatrics Grand Round: Hypothyroidism & hyperthyroidism Training Room 1, 1/F OPD Block	1														
22 Sep 2004 (Wed) 12:30 – 3:30 pm	Hong Kong Mood Disorders Center, The Joyful (Mental Health) Foundation A New Practical Course on Mood Disorders in Primary Care (Jul – Sept 2004) (Session 9) Ballroom A, 2/F, Langham Hotel, Kln	2														Ms. Jamie Ho Tel: 2144 6996
22 Sep 2004 (Wed) 1:00 – 2:00 pm	Queen Elizabeth Hospital / HKCOG Topic Seminar B3, Seminar Room, QEH	1														Ms. Betty Cheng Tel: 2958 6049
22 Sep 2004 (Wed) 1:00 – 3:00 pm	AstraZeneca Hong Kong Limited Luncheon Scientific Meeting on Clinical Management of Hypercholesterolaemia Royal Plaza Court Seafood Restaurant (聚福軒海鮮酒家), Flat 262-269, 2/F, Sun Yuen Long Centre, 8 Long Yat Road, Yuen Long, N.T.	1														Ms. Winnie Yan Tel: 2941 5126
22 Sep 2004 (Wed) 1:30 – 4:30 pm	United Christian Nethersole Community Health Service Intensive Psychotherapy Training Course for General Practitioners (Session 3) United Christian Hospital – Block F, 1/F, Seminar Room 2	3														Fee: \$1,500 Dr. Joyce Tang Tel: 2172 0170
22 Sep 2004 (Wed) 1:30 – 2:30 pm	Canossa Hospital (Caritas) Childhood Injury in Hong Kong 2/F Conference Room, 1 Old Peak Road, Canossa Hospital, HK	1				1				1						Ms. Wendy Lee Tel: 2522 2181-102
22 Sep 2004 (Wed) 1:45 – 3:15 pm	HKMA CME Programme Putonghua Certificate Course for Medical Practitioners (Session 4) HKMA Dr. Li Shu Pui Professional Education Centre, 2/F, Chinese Club Building, 21-22 Connaught Road Central, HK	1.5	—	—	1	1	1.5	—	2#	—	—	—	—	18#		Member: \$1,500 N-Member: \$1,900 Tel: 2527 8285
22 Sep 2004 (Wed) 2:00 – 3:00 pm	United Christian Hospital / HKCOG Dermatological conditions in pregnancy – a review Conference Room, Hospital Library, 1/F, Block H, UCH	1														Ms. Michelle Yeung Tel: 3513 4851
22 Sep 2004 (Wed) 2:30 – 3:30 pm	PWH, Dept of Clinical Oncology/ HKCR Journal Critique Lecture Room, Dept of Clinical Oncology, PWH	1														Diane Tel: 2871 8830
22 Sep 2004 (Wed) 7:00 – 9:30 pm	青草地全人發展中心 精神病治療與輔導研討會 — Mental Disorders in adolescence 九龍彌敦道574-576號和富商業大廈9樓, 青草地全人發展中心	2.5														Registration fee is required Tel: 2771 1370
23 – 24 Sep 2004 (Thru – Fri)	Emergency Care Training (HK) & Hong Kong Association of Critical Care Nurses (HKACCN) Advanced Cardiac Life Support Provider Course (ACLS) A&E Training Center, 5/F, Southorn Center, Wan Chai	15#	18#		18#	6#	5#	9#	9#	2#			9#	16.5#		Ms. Doris Kung Tel: 2417 8465 (Must have attended BLS on 3 September 2004 before) Ms. Alice Lai Tel: 2632 2810
23 Sep 2004 (Thur) 12:30 – 1:30 pm	Prince of Wales Hospital / HKCOG Treatment of sexual dysfunction Allan Chang Seminar Room, 1E, O&G Dept, PWH	1														Ms. Alice Lai Tel: 2632 2810
23 Sep 2004 (Thur) 1:00 – 3:00 pm	HKDU Tsim Sha Tsui Study Group Selective Estrogen Receptor Modulator – Clinical Updates 2004 Kowloon Club, 15/F, East Wing, New World Office Bldg, 24 Salisbury Road, TST, Kln	1														Tel: 2388 2728

* Colleges accreditation pending
Total CME points for entire course

Date/Time 日期/時間	Function 活動	CME Accreditation 進修積分											Remarks/ Contact Info 備註及聯絡電話				
		MCHK & HKMA	HKCA	HKCCM	HKCEM	HKCFP	HKCOG	COHK	HKCOS	HKCORL	HKCPaed	HKCPath		HKCP	HKCPsy	HKCR	CSHK
23 Sep 2004 (Thur) 2:00 – 3:30 pm	Hong Kong Academy of Medicine Diagnosis and Management of Depressive Disorders <i>Lecture Theatre, LG1, Ruttonjee Hospital, Wan Chai</i>	2															Tel: 2871 8896
23 Sep 2004 (Thur) 6:30 – 8:00 pm	HK Thoracic Society / ACCP (HK & Macau Chapter)/ CSHK Clinical Meeting: 1. A Woman with Unresolving Lung Infiltrate 2. A Special Souvenir <i>LG1 Lecture Theatre, Ruttonjee-Tang Shiu Kin Hospital</i>	2															Dr. Chan Wai Ming Tel 2855 5841
24 Sep 2004 (Fri) 12:30 – 1:30 pm	Tuen Mun Hospital / HKCOG Management of Carcinoma of Cervix – Clinical Oncologist's Perspective <i>Room F2029, 2/F, Special Block, Tuen Mun Hospital</i>	1															Ms. Angela Cheung Tel: 2468 5404
24 Sep 2004 (Fri) 1:30 – 2:30 pm	HKDU Wan Chai Study Group BPH Management <i>Tung Yuen Seafood Restaurant (TMFEA, ~AosAa), 3/F, Tai Yau Building, 181 Johnston Road, Wan Chai, HK</i>	1															Tel: 2388 2728
24 Sep 2004 (Fri) 4:30 – 6:15pm	HKU – Department of Paediatrics and Adolescent Medicine Ruby Jubilee Scientific Meeting – How to maintain standard in paediatric subspecialization (Session 1) <i>Lecture Theatre, Academic and Administration Block, Faculty of Medicine Building, The University of Hong Kong, 21 Sassoon Road, HK</i>	1															Tel: 2855 4481
25 Sep 2004 (Sat) 8:30 – 4:45 pm	HKU – Department of Paediatrics and Adolescent Medicine Ruby Jubilee Scientific Meeting – How to maintain standard in paediatric subspecialization (Session 2) <i>Lecture Theatre, Academic and Administration Block, Faculty of Medicine Building, The University of Hong Kong, 21 Sassoon Road, HK</i>	4															Tel: 2855 4481
25 Sep 2004 (Sat) 9:00 – 10:00 am	Kwong Wah Hospital/ HKCOG Journal Club (Obs) <i>Seminar Room, N10, Kwong Wah Hospital</i>																Dr. N.C. Poddar Tel: 2781 5056
25 Sep 2004 (Sat) 9:00 – 5:00 pm	HA – New Territories East Cluster, Allied Health Services & The Hong Kong Society for Rehabilitation Symposium – Closer Exchange and Partnership in the Advancement of Stroke Management <i>Lecture Theatre, M/F Hospital Authority Building</i>	5															Ms. Ivor Wong Tel: 2632 3234
25 Sep 2004 (Sat) 9:30 – 12:30 pm	HA/ HKCCM Case presentations and journal presentations in areas related to Administrative Medicine <i>Seminar Room 1, M/F, Hospital Authority Building</i>	3															Ms. Connie Lau Tel: 2300 6738
25 Sep 2004 (Sat) 2:00 – 5:00 pm	HKU Family Institute Certificate Course in Family Therapy (Level II) (Session 6) <i>Lecture Room, HKU Family Institute, 5/F, Tsan Yuk Hospital, 30 Hospital Road, Sai Ying Pun, Hong Kong</i>	3															Tel: 2859 5300
25 Sep 2004 (Sat) 2:00 – 5:00 pm	HKU – Centre on Behavioral Health Workshop on Psychotherapy and Counseling in Action: Live Demonstration for Professional Training (Session 14) <i>G/F, Pauline Chan Building, 10 Sasson Road, HKU, HK</i>	3															Tel: 2589 0510
25 Sep 2004 (Sat) 7:00 – 10:00 pm	Hong Kong Satir Center Loss and Grief: A Positive Solution <i>The Hall of Christian Family Service Centre</i>	3															Tel: 2336 3121
26 Sep 2004 (Sun) 8:30 – 5:15 pm	HKU – Department of Paediatrics and Adolescent Medicine Ruby Jubilee Scientific Meeting – How to maintain standard in paediatric subspecialization (Session 3) <i>Lecture Theatre, Academic and Administration Block, Faculty of Medicine Building, The University of Hong Kong, 21 Sassoon Road, HK</i>	5															Tel: 2855 4481
26 Sep 2004 (Sun) 1:00 – 4:00 pm	CUHK – Dept of Medicine & Therapeutics CUHK Diploma Programme in Advanced Internal Medicine 2003-04 – Osteoporosis <i>Kai Cheong Tong, G/F, Postgraduate Education Centre, Prince of Wales Hospital, Shatin, NT</i>	3		10#			5#	0.5			18#	10#			18#		Ms. Suzanne Shek Tel: 2632 3127
26 Sep 2004 (Sun) 1:00 – 5:00 pm	The Association of Licentiate of Medical Council of Hong Kong (1) Drug Application in Renal Failure (2) Speech, language and swallowing difficulties in the Elderly Population <i>九龍亞皆老街147B號醫院管理局大樓M/F演講廳</i>	3															Tel: 2327 2869
26 Sep 2004 (Sun) 2:00 – 5:00 pm	HKMA CME Programme, Kwong Wah Hospital HKMA Structured CME Programme at KWH (VI) – Endocrinology and DM <i>Lecture Theatre, 10/F, Yu Chun Keung Memorial Medical Centre, Kwong Wah Hospital, Kln</i>	3	3	—	2	2	—	1.5	—	1	1	1.5	2	3	—	3	Members: \$50 Non-M: \$80 Tel: 2861 1979
26 Sep 2004 (Sun) 2:00 – 5:15 pm	CUHK – Department of Medicine & Therapeutics Basic Course in Diabetes Management and Education Year 04/05 (I) <i>Seminar Room 1, 2/F, Clinical Sciences Building, Prince of Wales Hospital, Shatin NT</i> Postponed from 19/9	3	—	3	—	2.5	3	—	—	—	3	3	—	—	3	3	Ms Charmaine Lee Tel: 2632 5752
26 Sep 2004 (Sun) 4:30 – 7:30 pm	CUHK – Dept of Medicine & Therapeutics CUHK Diploma Programme in Advanced Internal Medicine 2003-04 – Dementia and Nutrition in Elderly <i>Kai Cheong Tong, G/F, Postgraduate Education Centre, Prince of Wales Hospital, Shatin, NT</i>	3		10#			5#	0.5			18#	10#			18#		Ms. Suzanne Shek Tel: 2632 3127
26 Sep 2004 (Sun) 7:00 – 10:00 pm	Hong Kong Satir Center Suicide: A Fatal Decision <i>The Hall of Christian Family Service Centre</i>	3															Tel: 2336 3121
28 Sep 2004 (Tue) 8:30 – 9:30 am	STHCC and Hong Kong Baptist Hospital Tumor Board Meeting – Diagnosis, Investigation and Treatment – Case Discussion <i>Conference Room, 9/F, Main Block, St. Teresa's Hospital, 327 Prince Edward Road, Kln</i>	1															Ms. Agnes Fung Tel: 2200 3362

* Colleges accreditation pending
Total CME points for entire course

CME Calendar 持續進修日程

Date/Time 日期/時間	Function 活動	CME Accreditation 進修積分													Remarks/ Contact Info 備註及聯絡電話		
		MCHK & HKMA	HKCA	HKCCM	HKCEM	HKCFP	HKCOG	COHK	HKCOS	HKCORL	HKCPaed	HKCPath	HKCP	HKCPsy		HKCR	CSHK
28 Sep 2004 (Tue) 10:00 – 11:00 am	PWH, Dept of Clinical Oncology/ HKCR Combined Head and Neck Meeting <i>A.K.C. Surgical Library, 4/F, Clinical Sciences Building, PWH</i>	1															Diane Tel: 2871 8830
28 Sep 2004 (Tue) 1:00 – 3:00 pm	HKDU Tsuen Wan Study Study Dealing with Psychosomatic Patients in a Busy Clinic <i>Lecture Theatre, Nursing School, 3/F, Block A, Yan Chai Hospital, NT</i>	1															Ms. Catherine Cheng Tel: 2417 8347
28 Sep 2004 (Tue) 1:30 – 2:45 pm	Caritas Medical Centre / HKCFP Burn Management <i>Staff Lounge, 1/F, Wai Oi Block, Caritas Medical Centre</i>	1															Ms. Helen Lo Tel: 3408 7921
28 Sep 2004 (Tue) 1:30 – 3:00 pm	HA – Caritas Medical Centre, Family Medicine Dept, HK College of Family Physicians & HK Doctors Union Joint Medical Programme: Burn Management <i>Staff Lounge, 1/F Wai Oi Building, Caritas Medical Centre, 111 Wing Hong Street, Shamshuipo, Kln</i>	2															Ms. Helen Lo Tel: 3408 7921
28 Sep 2004 (Tue) 1:30 – 3:00 pm	HA – Tseung Kwan O Hospital Academic Activity for Private Practitioners: Osteoarthritis of the Weight Bearing Joint Principle & Management <i>Auditorium, G/F TKOH</i>	2															Ms. Peggy Lee Tel: 2208 0752
28 Sep 2004 (Tue) 6:00 – 7:30 pm	Hong Kong Society of Palliative Medicine Palliative Medicine Doctors' Meeting <i>Lecture Theatre, Block M, Queen Elizabeth Hospital, Kln</i>	2															Ms. Creamy Cheung Tel: 2958 6261
29 Sep 2004 (Wed) 8:30 – 9:30 am	Pamela Youde Nethersole Eastern Hospital / HKCOG Topic Seminar <i>To be advised</i>	1															Ms. Angel Hui Tel: 2595 6408
30 Sep 2004 (Thur) 12:30 – 1:30 pm	Prince of Wales Hospital / HKCOG Perinatal Meeting <i>Allan Chang Seminar Room, 1E, O&G Dept, PWH</i>	1															Ms Alice Lai Tel: 2632 2810
30 Sep 2004 (Thur) 2:00 – 3:00 pm	HA – Kwong Wah Hospital, Paed Dept Guest Lecture "Precocious Sexual Development" <i>Lecture Theatre, Nurses Quarter, KWH</i>	1															Annie Young Tel: 2781 5055
30 Sep 2004 (Thur) 7:00 – 10:00 pm	HKU Family Institute Clinical Supervision Course in Psychosomatic Project (Session 3) <i>HKU Family Institute, 5/F Tsan Yuk Hospital, 30 Hospital Road, Sai Ying Pun, HK</i>	3															Fee: \$7800 Tel: 2859 5300
1-3 Oct 2004 (Fri – Sun)	International Society of Cardiovascular Pharmacotherapy, World Heart Federation, Hong Kong College of Cardiology First Global Conference on Cardiovascular Clinical Trials and Pharmacotherapy <i>JW Marriott Hotel Hong Kong, Pacific Place, 88 Queensway, Central, HK or Conrad International Hong Kong, Pacific Place, 88 Queensway, Central, HK</i>	10															Tel: 2111 7574
2-3 Oct 2004 (Sat – Sun)	The Hong Kong Foundation for Research and Development in Diabetes (HKFRDD), Department of Medicine & Therapeutics, The Chinese University of Hong Kong (CUHK), Hong Kong Atherosclerosis Society (HKAS), Hong Kong Association for the Study of Obesity (HKASO) 6th Hong Kong Diabetes and Cardiovascular Risk Factors – East Meets West Symposium <i>Hong Kong Convention & Exhibition Centre, Wanchai, HK</i>	20#															Conference Secretariat: Meeting Planners International (HK) Ltd Tel: 2509 3430
2 Oct 2004 (Sat) 9:30 – 11:00 am	HA – Tseung Kwan O Hospital, Anaes Dept & OT Services Brachial Plexus Block <i>Conference Room, Anaes Office, 2/F TKOH</i>	2															Ms. Clara Lau Tel: 2208 0630
2 Oct 2004 (Sat) 2:00 – 6:00 pm	Hong Kong Society of Paediatric Gastroenterology, Hepatology and Nutrition Annual Scientific Meeting <i>Lecture Theatre, HA Head Office, Kln</i>	3															Dr. Leung Email: leungyki@hkstar.com
3 Oct 2004 (Sun) 1:30 – 4:30 pm	CUHK – Dept of Medicine & Therapeutics CUHK Diploma Programme in Advanced Internal Medicine 2004-05 – Acne, eczema and fungal infection <i>Plaza Conference Centre, 35/F Central Plaza, 18 Harbour Road, HK</i>	3	15#	10#	20#		5#	1		2#	18#					18#	Ms. Isabella Fu Tel: 2632 3996
3 Oct 2004 (Sun) 1:30 – 4:30 pm	Hong Kong Association of Gerontology Seminar on Management of Obesity and Metabolic Syndrome & Update on Bed Sore Management <i>Sheraton Hong Kong Hotel, 20 Nathan Road, TST, Kln</i>	2															Miss Connie Ng Tel: 2566 8711
3 Oct 2004 (Sun) 2:00 – 5:00 pm	Hong Kong Public Hospitals, Department of Health & Universities Doctors Association (PHUDA) and Hong Kong Primary Care Foundation (PCF) Advanced Integrated Practical Certificate Course for Primary Care Physicians: Pharmacological and Psychological Skills for Common Mood & Mental Disorders, Menopause, Andropause & Obesity (Session 4 – Early psychosis Obesity) <i>Ballroom, 2/F, Langham Hotel, 8 Peking Road, Tsimshatsui</i>	3	15#	10#	2	2	3	1.5		2#	11#					3	Ms. Connie Chiu Tel: 2599 8288
3 Oct 2004 (Sun) 5:00 – 8:00 pm	CUHK – Dept of Medicine & Therapeutics CUHK Diploma Programme in Advanced Internal Medicine 2004-05 – Patients on warfarin <i>Plaza Conference Centre, 35/F Central Plaza, 18 Harbour Road, HK</i>	3	15#	10#	20#		5#	1		2#	18#					18#	Ms. Isabella Fu Tel: 2632 3996
3 – 7 Oct 2004 (Sun – Thur)	Malaysian Society of Travel Medicine, Ministry of Health Malaysia Workshop "Travel Medicine for the General Practitioners" (3 Oct) 5th Asia Pacific Travel Health Conference (4 – 7 Oct) <i>Sunway Lagoon Resort Hotel</i>	10#															Congress secretariat Email: 5apthc@mhf.com.my Tel: +60 3 2300 3455
4 Oct 2004 (Mon) 1:00 – 3:00 pm	HKMA CME Programme Endothelial & Erectile Dysfunction <i>Crystal Ballroom, B3, Holiday Inn Golden Mile HK, HK</i>	1	1		0.5	1	1	0.5		0.5		1		1		1	Tel: 2527 8285
4 Oct 2004 (Mon) 7:00 – 8:30 pm	The Federation of Medical Societies of Hong Kong and Hong Kong Ophthalmological Society Certificate Course on General Ophthalmology – Red Eyes and Ocular Trauma and Emergencies (Session 1) <i>Room 204, 2/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, HK</i>	1.5															Tel: 2527 8898 Fee: HK\$960 (6 Sessions)

* Colleges accreditation pending
Total CME points for entire course

Date/Time 日期/時間	Function 活動	CME Accreditation 進修積分												Remarks/ Contact Info 備註及聯絡電話			
		MCHK & HKMA	HKCA	HKCCM	HKCEM	HKCFP	HKCOG	COHK	HKCOS	HKCORL	HKCPaed	HKCPath	HKCP		HKCPsy	HKCR	CSHK
5 Oct 2004 (Tue) 8:30 – 9:30 am	Dept of Clinical Oncology, QE/ HKCR Topic Presentation Room 1203, Block R, 12/F, QE/	1															Ms. Diane Lee Tel: 2871 8830
5 Oct 2004 (Tue) 10:00 – 11:00 am	PWH, Dept of Clinical Oncology/ HKCR Combined Head and Neck Meeting A.K.C. Surgical Library, 4/F, Clinical Sciences Building, PWH	1															Diane Tel: 2871 8830
5 Oct 2004 (Tue) 12:45 – 3:45 pm	HKU – Department of Psychiatry The 6th Certificate Course on Psychological Medicine 2004-2005– Diagnosis & Management of Common Mental Disorders (Session 3) Holiday Inn Golden Mile Hotel, Crystal Rooms, 50 Nathan Road, Tsimshatsui, Kln	2															Ms. Kandy Wan Email: fun-fun.kandywan@pfizer.com
5 Oct 2004 (Tue) 1:00 – 2:00 pm	HA – Kowloon Central Cluster, Clinical Psychology Dept Topical Workshop with interactive discussions – Communication Tips on DNAR AG, Lecture Theatre, QE/	1															Ms. Mary W M Lee Tel: 2958 6664
5 Oct 2004 (Tue) 4:00 – 7:00 pm	HKU – Centre on Behavioral Health Workshop on Psychotherapy and Counseling in Action: Live Demonstration for Professional Training (Session 15) G/F, Pauline Chan Building, 10 Sasson Road, HKU, HK	3															Tel: 2589 0510
5 Oct 2004 (Tue) 7:00 – 8:30 pm	The Federation of Medical Societies of Hong Kong, Hong Kong Society of Palliative Medicine and Hong Kong Hospice Nurses' Association Certificate Course on Palliative Care for Community Health Care Workers and Carers of Cancer Patients (Session 1) – Pain Management (Multidimensional View) Room 204, 2/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, HK	1.5															Fee: \$800 (5 Sessions) Tel: 2527 8898
6 Oct 2004 (Wed) 8:30 – 10:00 am	Hong Kong Sanatorium & Hospital Radioguided Localization and Excision of Nonpalpable Breast Lesions Room 1103, 11/F, Nursing School, Li Shu Pui Block, Hong Kong Sanatorium & Hospital	2	1.5		1						1.5	—		1.5	1.5		Ms. Stella Lau Tel: 2835 8800
6 Oct 2004 (Wed) 9:00 – 5:00 pm	Hong Kong Society for Emergency Medicine and Surgery and the Hong Kong College for Emergency Medicine 3rd Asian Conference on Emergency Medicine Off-site Pre-Conference Course 1 – Clinical Toxicology (Session 1) Lecture Theatre, Block F, United Christian Hospital	5															Ms. Sandy Chung Tel: 2116 4349
6 Oct 2004 (Wed) 9:00 – 5:00 pm	Hong Kong Society for Emergency Medicine and Surgery and the Hong Kong College for Emergency Medicine 3rd Asian Conference on Emergency Medicine Off-site Pre-Conference Course 2 – Retrieval Medicine (Session 1) To be advised	5															Ms. Sandy Chung Tel: 2116 4349
6 Oct 2004 (Wed) 10:30am – 12:30 pm	HKU – Faculty of Medicine Clinical case conference (Sport medicine) Lecture Hall, 3/F, Physiotherapy Block, Duchess of Kent Children's Hospital	2															Dr. WY Ip Email: wyip@hkusua.hku.hk
6 Oct 2004 (Wed) 1:00 – 3:00 pm	HKMA Tai Po Community Network The Hyperactive / Inattentive Child 京都海鮮酒家大埔昌運中心一樓	1															Ms. Celia Pang Tel: 2738 6149
6 Oct 2004 (Wed) 1:45 – 3:15pm	HKMA CME Programme Putonghua Certificate Course for Medical Practitioners (Session 5) HKMA Dr. Li Shu Pui Professional Education Centre, 2/F, Chinese Club Building, 21-22 Connaught Road Central, HK	1.5	—	—	1	1	1.5	—	2#	—	—	—	—	—	18#		Member: \$1,500 N-Member: \$1,900 Tel: 2527 8285
6 Oct 2004 (Wed) 2:30 – 3:30 pm	PWH, Dept of Clinical Oncology/ HKCR Journal Critique Lecture Room, Dept of Clinical Oncology, PWH	1															Diane Tel: 2871 8830
6 Oct 2004 (Wed) 6:00 – 7:30 pm	Infectious Disease Control Training Centre & Infection Control Branch Clinical Infection & Public Health Forum Lecture Theatre or Seminar Room, Kowloon Hospital Nursing Quarter	2															Mr. Ivan Wong Tel: 3523 0183
6 Oct 2004 (Wed) 6:45 – 9:45 pm	HKU Family Institute Certificate Course in Family Therapy – Level 1 (Session 1) Lecture Hall, HKU Family Institute, 5/F Tsan Yuk Hospital, 30 Hospital Road, Sai Ying Pun, HK	3															Tel: 2859 5300
6 Oct 2004 (Wed) 7:00 – 9:30 pm	青草地全人發展中心 精神病治療與輔導研討會 — High Risk Psychiatric Patients: Suicidal & Aggressive Behaviour 九龍彌敦道574-576號和富商業大廈9樓, 青草地全人發展中心	2.5															Registration fee is required Tel: 2771 1370
7 – 10 Oct 2004 (Thur – Sun)	Hong Kong Society for Emergency Medicine and Surgery and the Hong Kong College of Emergency Medicine 3rd Asian Conference on Emergency Medicine HK Convention and Exhibition Centre	10															Ms. Sandy Chung Tel: 2116 4349
7 Oct 2004 (Thur) 9:00 – 5:00 pm	Hong Kong Society for Emergency Medicine and Surgery and the Hong Kong College for Emergency Medicine 3rd Asian Conference on Emergency Medicine Off-site Pre-Conference Course 1 – Clinical Toxicology (Session 2) Lecture Theatre, Block F, United Christian Hospital	5															Ms. Sandy Chung Tel: 2116 4349
7 Oct 2004 (Thur) 9:00 – 5:00 pm	Hong Kong Society for Emergency Medicine and Surgery and the Hong Kong College for Emergency Medicine 3rd Asian Conference on Emergency Medicine Off-site Pre-Conference Course 2 – Retrieval Medicine (Session 1) To be advised	5															Ms. Sandy Chung Tel: 2116 4349
7 Oct 2004 (Thur) 1:00 – 2:00 pm	PWH, Dept of Clinical Oncology/ HKCR Combined Breast Cancer Meeting Meeting Room, Dept of Clinical Oncology, PWH	1															Diane Tel: 2871 8830
7 Oct 2004 (Thur) 2:15 – 3:15 pm	Hong Kong Doctors Union Recognizing & Managing Parkinson's Disease (Video Cassette Session) Room 901, Hang Shing Bldg., 363-373, Nathan Road, Kln	1															Tel: 2388 2728

* Colleges accreditation pending
Total CME points for entire course

CME Calendar 持續進修日程

Date/Time 日期/時間	Function 活動	CME Accreditation 進修積分													Remarks/ Contact Info 備註及聯絡電話		
		MCHK & HKMA	HKCA	HKCCM	HKCEM	HKCFP	HKCOG	COHK	HKCOS	HKCORL	HKCPaed	HKCPath	HKCP	HKCPsy		HKCR	CSHK
8 Oct 2004 (Fri) 8:00 – 9:30 am	Hong Kong Baptist Hospital Technical Aspect of Laparoscopic Colorectal Resection <i>The Chapel, 9/F, Hong Kong Baptist Hospital, Kln</i>	1.5															Dr. Yung Leung Tung Tel: 2339 8888
8 Oct 2004 (Fri) 8:30 – 9:30 am	HA – Tuen Mun Hospital, Med & Geri Dept Journal Club with Critical Review – Update on Mx of Pul HT, Cardiac & Ht-Lung Transplant <i>Lecture Theatre, Ambulatory Care Centre, TMH</i>	1															Ms. Connie Lo Tel: 2468 5386
8 Oct 2004 (Fri) 2:00 – 3:00 pm	Union Hospital An Update on Nasopharyngeal Carcinoma – Diagnosis, Treatment and Treatment related Morbidities <i>Seminar Room, 2/F, Medical Centre, Union Hospital, 18 Fu Kin Street, Tai Wai, Shatin, NT</i>	1															Tel: 2608 3388
8 – 10 Oct 2004 (Sun-Tue)	MediMedia Pacific Ltd 3rd Asian Conference on Emergency Medicine <i>Hong Kong Convention & Exhibition Centre, HK</i>	10#															Ms. Sandy Chung Tel: 2116 4349
9 Oct 2004 (Sat) 1:00 – 9:00 pm	The Hong Kong Society of Gastroenterology, The Hong Kong Society of Digestive Endoscopy, Hong Kong Society for Coloproctology, The Hong Kong Association for the Study of Liver Disease and The Hong Kong Society of Gastrointestinal Motility Sixth Joint Annual Scientific Meeting <i>Sheraton Hotel, Kln</i>	4.5															Tel: 2869 5933
9 Oct 2004 (Sat) 2:30 – 4:30 pm	HKMA CME Programme, Our Lady of Maryknoll Hospital Refresher Course for Health Care Providers 2004/2005 – Common Large Bowel Disease in General Practice <i>Training Room II, 1/F, OPD Block, Our Lady of Maryknoll Hospital</i>	2	15#	10#	20#	1.5	2	1	—	2#	—	—	2	—	2		Ms. Clara Tsang Tel: 2354 2440
10 Oct 2004 (Sun) 1:00 – 5:00 pm	The Association of Licentiates of Medical Council of Hong Kong (1) Current Status and the Future Prospect of Haemopoietic; Stem Cells Transplantation (2) Management of Skin Tumours and Skin Lesions: Laser or Scapel? <i>九龍亞皆老街147B號醫院管理局大樓M/F演講廳</i>	3															Tel: 2327 2869
10 Oct 2004 (Sun) 2:00 – 5:00 pm	HKMA CME Programme, Queen Elizabeth Hospital HKMA Structured CME Programme at QEH (VII) – Surgery & Neurosurgery <i>Lecture Theatre, G/F, Block M, Queen Elizabeth Hospital, Kln</i>	3	3	—	2	2	—	1.5	—	1.5	1	1.5	—	3	—	3	Members: \$50 Non-M: \$80 Tel: 2861 1979
10 Oct 2004 (Sun) 2:00 – 5:15 pm	CUHK – Department of Medicine & Therapeutics Basic Course in Diabetes Management and Education Year 04/05 (II) <i>Seminar Room 1, 2/F, Clinical Sciences Building, Prince of Wales Hospital, Shatin NT</i>	3	—	3	—	2.5	3	—	—	—	3	3	—	—	3	3	Ms Charmaine Lee Tel: 2632 5752
10 Oct 2004 (Sun) 2:00 – 5:15 pm	CUHK – Department of Medicine & Therapeutics Professional Diploma Programme in Diabetes Management and Education Year 04/05 – Module 1 (S2) <i>Seminar Room 1, 2/F, Clinical Sciences Building, Prince of Wales Hospital, Shatin NT</i>	122#	—	10#	—	82#	5#	—	—	—	18#	20#	—	—	122#	18#	Ms Charmaine Lee Tel: 2632 5752
11 Oct 2004 (Mon) 8:00 – 1:15 pm	Hong Kong Society for Emergency Medicine and Surgery and the Hong Kong College for Emergency Medicine 3rd Asian Conference on Emergency Medicine Off-site Post-conference Course 3 – Trauma Nursing Core Course (Session 1) <i>5/F, Southorn Centre, 130 Hennessy Road, Wanchai</i>	3															Ms. Sandy Chung Tel: 2116 4349
11 Oct 2004 (Mon) 4:30 – 5:30 pm	HA – Our Lady of Maryknoll Hospital, Surg Dept Topical Workshop – Approach of Prostatism Symptoms Conference Room D, 1/F OPD Block, OLMH	1															Ms. Clara Tsang Tel: 2354 2440
11 Oct 2004 (Mon) 7:00 – 8:30 pm	The Federation of Medical Societies of Hong Kong and Hong Kong Ophthalmological Society Certificate Course on General Ophthalmology – Refractive Errors and Cataract (Session 2) <i>Room 204, 2/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, HK</i>	1.5															Tel: 2527 8898 Fee: HK\$960 (6 Sessions)
12 Oct 2004 (Tue) 8:00 – 1:30 pm	Hong Kong Society for Emergency Medicine and Surgery and the Hong Kong College for Emergency Medicine 3rd Asian Conference on Emergency Medicine Off-site Post-conference Course 3 – Trauma Nursing Core Course (Session 2) <i>5/F, Southorn Centre, 130 Hennessy Road, Wanchai</i>	3															Ms. Sandy Chung Tel: 2116 4349
12 Oct 2004 (Tue) 10:00 – 11:00 am	PWH, Dept of Clinical Oncology/ HKCR Combined Head and Neck Meeting <i>A.K.C. Surgical Library, 4/F, Clinical Sciences Building, PWH</i>	1															Diane Tel: 2871 8830
12 Oct 2004 (Tue) 1:00 – 3:00 pm	HKDU Tsuen Wan Study Group Alzheimer's Disease Update <i>Peking Garden, UP2, Luk Yeung Galleria, Tsuen Wan, N.T.</i>	1															Tel: 2388 2728
12 Oct 2004 (Tue) 1:00 – 3:00 pm	中山醫科大學香港校友會, 社團診所醫生協會, 香港中國醫學專科協會 Female Incontinence An-update <i>HKMA Dr. Li Shu Pui Professional Education Center, 2/F Chinese Club Building, 21-22 Connaught Road Central, HK (地鐵A出口)</i>	1															Ms. Alice Ma Tel: 2384 8490
12 Oct 2004 (Tue) 6:45 – 9:45 pm	HKU Family Institute Certificate Course in Family Therapy (Level II) (Session 7) <i>Lecture Room, HKU Family Institute, 5/F, Tsan Yuk Hospital, 30 Hospital Road, Sai Ying Pun, Hong Kong</i>	3															Tel: 2859 5300
12 Oct 2004 (Tue) 7:00 – 8:30 pm	The Federation of Medical Societies of Hong Kong, Hong Kong Society of Palliative Medicine and Hong Kong Hospice Nurses' Association Certificate Course on Palliative Care for Community Health Care Workers and Carers of Cancer Patients (Session 2) – Caring of Cancer Patients at Home <i>Room 204, 2/F, Duke of Windsor Social Service Building, 15 Hennessy Road, Wanchai, HK</i>	1.5															Fee: \$800 (5 Sessions) Tel: 2527 8898

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Date/Time 日期/時間	Function 活動	CME Accreditation 進修積分												Remarks/ Contact Info 備註及聯絡電話			
		MCHK & HKMA	HKCA	HKCCM	HKCEM	HKCFP	HKCOG	COHK	HKCOS	HKCORL	HKCPaed	HKCPath	HKCP		HKCPsy	HKCR	CSHK
13 Oct 2004 (Wed) 10:30am – 12:30 pm	HKU – Faculty of Medicine Clinical case conference (Trauma) <i>Lecture Hall, 3/F, Physiotherapy Block, Duchess of Kent Children's Hospital</i>	2															Dr. WY Ip Email: wyip@hkusua.hku.hk
13 Oct 2004 (Wed) 1:45– 3:15 pm	HKMA CME Programme Putonghua Certificate Course for Medical Practitioners (Session 6) <i>HKMA Dr. Li Shu Pui Professional Education Centre, 2/F, Chinese Club Building, 21-22 Connaught Road Central, HK</i>	1.5	—	—	1	1	1.5	—	2#		—	—	—	—	18#		Member: \$1,500 N-Member: \$1,900 Tel: 2527 8285
13 Oct 2004 (Wed) 2:00– 3:00 pm	Hong Kong Academy of Medicine Depression <i>Lecture Theatre, M Block, Queen Elizabeth Hospital, Kln</i>	1															Tel: 2871 8896
13 Oct 2004 (Wed) 2:30– 3:30 pm	PWH, Dept of Clinical Oncology/ HKCR Topic Review <i>Lecture Room, Dept of Clinical Oncology, PWH</i>	1															Diane Tel: 2871 8830
13 Oct 2004 (Wed) 6:45 – 9:45 pm	HKU Family Institute Certificate Course in Family Therapy – Level 1 (Session 2) <i>Lecture Hall, HKU Family Institute, 5/F Tsan Yuk Hospital, 30 Hospital Road, Sai Ying Pun, HK</i>	3															Tel: 2859 5300
13 Oct 2004 (Wed) 7:00– 9:30 pm	青草地全人發展中心 精神病治療與輔導研討會 — Psychiatric Medications, Mental Health Ordinance & Various Mental Health Services <i>九龍彌敦道574-576號和富商業大廈9樓, 青草地全人發展中心</i>	2.5															Registration fee is required Tel: 2771 1370
14 Oct 2004 (Thur) 8:30 – 9:30 am	Hong Kong Sanatorium & Hospital, Orthopaedic and Sports Medicine Centre Orthopaedic Clinical Meeting <i>Room 1103, 11/F, Li Shu Pui Block, Hong Kong Sanatorium & Hospital</i>	1	1	—	1	1	—	1			1	—	—		1		Dr. Wu Wing Cheung Tel: 2835 7890
14 Oct 2004 (Thur) 1:30 – 3:00 pm	HKMA, HK Sanatorium & Hospital HKMA Structured CME Programme with HKS&H 2004 (Jul – Dec) – New Approaches to Hernia Management <i>HKMA Dr. Li Shu Pui Professional Education Centre, 2/F, Chinese Club Building, 21-22 Connaught Road Central, HK</i>	1															Members:\$50 Non-M: \$80 Tel: 2861 1979
15 Oct 2004 (Fri) 7:00 – 10:00 pm	HKU Family Institute Clinical Supervision Course in Psychosomatic Project (Session 4) <i>HKU Family Institute, 5/F Tsan Yuk Hospital, 30 Hospital Road, Sai Ying Pun, HK</i>	3															Fee: \$7800 Tel: 2859 5300
15 –16 Oct 2004 (Fri – Sat)	Organisation for Oncology and Translational Research 1st Annual Conference of OOTR: COX-2 and Angiogenesis in Oncology <i>Island Shangri la Hotel</i>	9															Tel: 2117 8011

HKMA CME Bulletin Monthly Self-Study Series

Call for Articles

Since its publication, the HKMA CME Bulletin has become one of the most popular CME readings for doctors. This monthly publication has been serving more than 6,300 readers each month through practical case studies and picture quizzes. To enrich its content, we are inviting articles from experts of different specialties. Interested contributors may refer to the General Guidance below. Other formats are also welcome. For further information, please contact Miss Cynthia Chan at 2527 8452 or by email at cme@hkma.org.

General Guidance for Authors

- (1) Intended readers : General practitioners
- (2) Length of article : Approximately 8-10 A-4 pages in 12-pt fonts in single line spacing
- (3) Review questions : Recommended to include 10 self-assessment questions in true-or-false format. (It is recommended that analysis and answers to most questions be covered in the article.)
- (4) Language : English (preferably with an optional Chinese introduction of 200-300 words)
- (5) Key Lessons : Recommended to include, if possible, a key message in point-form at the end of the article
- (6) Highlights : It is preferable that key messages in each paragraph/section be highlighted in bold types
- (7) Others : List of full name(s) of author(s), with qualifications and current appointment quoted
- (8) Deadline : All manuscripts for publication of the month should reach the Editor before the 15th of the previous month

All articles submitted for publication are subject to review and editing by the Editorial Board.

Note: For each issue of the CME Bulletin, we shall try our best to include all the CME activities for the month, which are made known to the Association Secretariat. The credit points awarded by each college are herein indicated for members' reference only. While we try our best to ensure the information to be most accurate and up-to-date, members interested in any of these functions are advised to check with the respective organizers for confirmation of the details.

Pharmaceutical advertisements are welcome. For advertising rates and placement details, please contact Ms. Cynthia Chan, Executive Officer at Tel: 2527 8452, Fax: 2865 0943 or email: cynthia@hkma.org

Your comments to the HKMA CME Bulletin are mostly welcome. Please send your opinion to **Dr. Wong Bun Lap, Bernard, Editor of HKMA CME Bulletin**, by fax at 2865 0943 or via e-mail at cme@hkma.org.

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